

**Agape House of Worship  
Wednesday Bible Study**

**Study Series: Keys to a Powerful Prayer Life**  
**Part 2: How to Develop a Powerful Prayer Life**  
**Lawore**

**Wednesday, December 23, 2020**  
**Teacher: Pastor Jide**

**The Need for a Powerful Prayer Life**

- Your prayer life is the key to intimacy with God. It is your connection to the source of God’s grace and mercy. *Hebrews 4:16 - “Let us therefore come forward with boldness to the throne of grace that we may receive mercy and find grace for timely help.”*
- Your prayer life brings power to your life. A powerful prayer life means a powerful life. James 5:16b – “.... The prayer of a righteous person is powerful and effective”
- You are part of a house of prayer, a gathering of prayerful people. Matthew 21:13
- Prayer is the means of appropriating the will of God and the promises of God. Isaiah 45:11
- Prayer is the means of using the weapons of your warfare. Ephesians 6:16-18

**1. Set a time and place to pray:** Prayer should not be a random act; you must plan prayer into you schedule.

- *Psalm 55:16-17 - As for me, I call to God, and the Lord saves me. 17 Evening, morning and noon I cry out in distress, and he hears my voice.*
- *Mark 1:35 - Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.*
- *Daniel 6:10 - Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.*
- *Acts 3:1 - One day Peter and John were going up to the temple at the time of prayer--at three in the afternoon.*

**2. Develop a prayer plan**

A prayer plan is your plan to pray on a weekly basis. Since there are many things to pray for, it means you cannot cover all your prayer points in one sitting. It is important to come up with a weekly plan that covers all areas of need and desire. This is like you weekly calendar. Make sure it is as logical and consistent as possible. An example can be:

- Monday: my spiritual life, my career
- Tuesday: my children, wife, husband, extended family
- Wednesday: my ministry members, my church
- Thursday: Future husband, my business

**3. Develop prayer models:** Your prayer model is a system developed to maximize your prayer. Without a system, your prayer will be haphazard and less fulfilling. Below is an example of a 1-hour prayer model.

<b>One Hour Prayer Model</b>			
1	<b>Pray in the Spirit:</b> using your prayer language	<ul style="list-style-type: none"> <li>• Ephesians 6:18 – “And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people”</li> </ul>	15 minutes
2	<b>Adoration:</b> thanksgiving, praise and worship.	<ul style="list-style-type: none"> <li>• Thank God for things He's done, salvation etc.</li> <li>• Worship using names of God e.g., Jehovah Jireh.</li> <li>• Read your favorite worship Psalms. Ps.34, 145 etc.</li> <li>• Use worship songs from YouTube, Spotify etc.</li> </ul>	15 minutes
3	<b>Petitioning:</b> your personal needs.	<ul style="list-style-type: none"> <li>• Presents your various requests to God.</li> </ul>	15 minutes
4	<b>Intercession:</b> the needs of others.	<ul style="list-style-type: none"> <li>• Pray for friends in need, loving on your knees.</li> <li>• Pray for your church, pastor, ministry etc.</li> <li>• Pray for your city, nations etc.</li> </ul>	15 minutes
			1 hour

#### **4. Develop lists of prayer points**

As you read your Bible, pray, or listen to other people pray, you should begin to develop your lists of prayer points for each of your prayer subjects, e.g. marriage, children, ministry etc.

- 1- Personal prayer points: spiritual life, financial life
- 2- People list
- 3- Church list

#### **5. Keep record of your answered prayer**

Just like the old hymn, “Count your blessings, name them one by one, and it will surprise you what the Lord hath done.” As you document your testimonies, you are laying a strong foundation for faith and creating a personal history with God.

- *Psalm 138:3* - *When I called, you answered me; you greatly emboldened me.*
- *Psalm 86:7* - *When I am in distress, I call to you, because you answer me.*

#### **6. Have a list of big prayer** - Don't just pray for mundane things.

- “Make no little plans, they have no magic in them to stir men’s blood.” ~ Daniel Burnham
- *Matthew 6:32-33* “*For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.*”

#### **7. Read books about prayer** – stir up yourself by way of remembrance

1. The Complete Works of E. M. Bounds on Prayer
2. Let Us Pray, Watchman Nee
3. How to Develop a Powerful Prayer Life; Gregory R. Frizzell
4. Too Busy Not to Pray, Bill Hybels
5. Fresh Wind, Fresh Fire, Jim Cymbala
6. Prayer That Brings Revival, David Yonngi Cho
7. Secrets of a Prayer Warrior, Derek Prince
8. Understanding the Purpose and Power of Prayer, Myles Munroe
9. And the Place Was Shaken: How to Lead a Powerful Prayer Meeting, John Franklin
10. The Prayer-Saturated Church: A Comprehensive Handbook for Prayer Leaders, Cheryl Sacks

#### **Conclusion**

Developing a strong, consistent prayer life must be the desire of every believer. As we have learnt, this process will not happen automatically, it requires purpose and intentionality. You will have moments of success and failures, but you must keep your eye on the price and keep going while relying on the help of the Holy Spirit. Remember, Elijah was a human being, even as we are yet he moved heaven and earth through his prayer. Why not us, why not now? Let us pray.